

Executive Summary

Education, Clinical Experience, and Professional Leadership

Dr. Erinn Bailey-Sawatzky, Psy.D, R.C.C., R.T.C., C.T.
Doctoral-Level Clinical Counsellor | Educator | Consultant | Researcher

Professional Overview

Dr. Erinn Bailey-Sawatzky is a doctoral-trained clinical counsellor with over a decade of clinical, supervisory, executive, and research experience across private practice, primary care, interdisciplinary health systems, and professional regulation. She holds a Doctor of Psychology (Psy.D) with advanced training in clinical assessment, evaluation, and psychopharmacology, graduating Summa Cum Laude. Her doctoral research in prescribing psychologists earned a national award from the American Psychological Association and has informed professional and policy discussions across Canada and the United States.

Clinical Practice & Consultation

Dr. Bailey-Sawatzky is the founder of a long-standing private practice in Camrose, AB providing individual and couples counselling, clinical assessment-informed treatment planning, insomnia and pain interventions, and advanced consultation for mental health professionals. She has maintained continuous clinical supervision and consultation since 2015 with senior clinicians across counselling, psychology, nursing, and medicine. Her work includes extensive engagement with healthcare providers, first responders, and Indigenous health organizations in both rural and interdisciplinary settings.

Advanced Clinical Thinking & Assessment Literacy

Her consultation approach emphasizes hypothesis-driven formulation, risk-aware decision-making, advanced assessment literacy, integration of psychophysiological considerations, and documentation aligned with interdisciplinary standards. She is the creator and instructor of advanced clinical assessment training for counsellors (drerintraining.com), supporting experienced clinicians in refining higher-order clinical assessments, reasoning, and reporting while remaining firmly within professional scope.

Research, Policy & Professional Leadership

Dr. Bailey-Sawatzky is a nationally recognized researcher and consultant in prescribing psychologists, scope of practice for both counsellors and psychologists, and psychopharmacology. Her work includes peer-reviewed doctoral research, national and international conference presentations (Canadian Psychological Association (2025 & 2026) & Association of Psychological Sciences Global Summit (2025)), and invited briefings for professional associations and government stakeholders in both Canada and the US. She is a professional member with the Canadian Psychological Association, American Psychological Association, the Illinois Association of Prescribing Psychologists, Registered Clinical Counsellor with BCACC, Counselling Therapist with ACTA, and Registered Therapeutic Counsellor with ACCT. She currently serves in senior governance, regulatory, and counsellor hearing tribunal roles, including board leadership (Chair-elect-ACTA), professional conduct oversight (Chair-ACTA), and committee work related to supervision standards and professional regulation (ACTA & ACCT).

Executive & Systems-Level Experience

In addition to clinical practice, Dr. Bailey-Sawatzky brings extensive executive leadership experience as a former Executive Director of a Primary Care Network and CEO of a multidisciplinary medical clinic. These roles involved oversight of large clinical teams, governance, health service delivery, and system-level decision-making, informing her consultation work with clinicians navigating complexity, responsibility, and leadership in practice.

Teaching, Supervision & Mentorship

Her teaching and mentorship experience spans clinical practicum supervision at the masters and doctoral levels, graduate and doctoral tutoring and dissertation mentorship, continuing education for mental health professionals, and conference and continuing education level teaching. She is known for fostering reflective, rigorous, and developmentally appropriate clinical growth for clinicians. She offers individual and group supervision services (www.countrycounselling.com).

Summary

Counsellors consulting with Dr. Bailey-Sawatzky engage with a clinician who integrates doctoral-level clinical reasoning, longitudinal practice experience, research and policy literacy, executive systems insight, and deep respect for ethical and professional standards. Her consultation work is designed to sharpen clinical thinking, support professional maturation, and provide a grounded, high-trust space for advanced clinical dialogue.