



COUNTRY COUNSELLING SERVICES

counselling psychotherapy biofeedback assessments

REFERRAL FORM

Date _____

Referring Provider _____

Insert patient label here

If referring for counselling or psychotherapy services, please circle all applicable treatment areas below:

Erinn Bailey-Sawatzky, M.A. Couns Psyc, R.C.C., R.T.C., R.C.T./Psychotherapist

Anxiety Disorders	Depression	Other Mood Disorder	OCD
Stress	Grief	Trauma	Somatic complaints NOS
Chronic Illness	Pain	Couples Therapy	Psych Testing & Assessment Services: specify below
Self Esteem	Self-harm/S.Ideation	Personality Disorder	
Adjustment to Illness	Anger	Life Transition	
Family Therapy	Post-Partum Depression	Occupational Issues/Stress	

Erinn treats ages 11+

Comments (Incl applicable Diagnoses):

If referring for HeartMath Biofeedback services, please circle all applicable treatment areas below:

Paige Bailey, BN, RN, RNFA, Certified HeartMath Biofeedback Clinician

Anxiety	Depression	Stress	Anger
Emotional dysregulation	Fibromyalgia	Diabetes	Insomnia
Reflex Sympathetic Dystrophy/Complex Regional Pain Syndrome	Immune System Dysfunction	Inflammatory Bowel Disease/Crohns' & Ulcerative Colitis	Muscle Spascity
Hypertension	Somatization/Somatoform Disorder	Conversion Disorder	Habit Disorders
ADHD/ADD	Performance Anxiety	Pain ___ Acute ___ Chronic	

Paige treats ages 8+

Comments:

Please fax all referrals to Country Counselling Services at 780.628.0799

Thank-you for including us on the treatment of your patients.